



Bemidji Area Behavioral Health Program



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Objectives

- ▶ Overview of opioid crisis among AI/AN
- ▶ Summarize the opioid crisis in Minnesota
- ▶ Overview of the MOM's program
- ▶ Signs and symptoms
- ▶ Overview of TLOA and TAP
- ▶ Introduction to Federal T&TA
- ▶ Collaboration for a successful TAP

Opioids vs Opiates

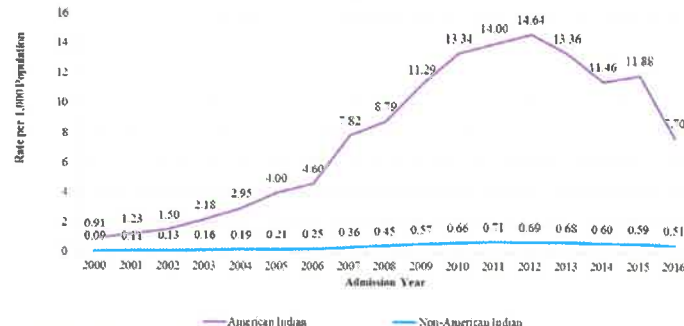
- ▶ Opiates – Drugs derived from opium
 - Morphine
 - Codeine
 - Heroin
- ▶ Opioids –
 - Traditionally used to describe synthetic opiates only
 - Methadone
 - Percocet
 - Vicodin
 - Today used to refer to the entire family of opiates.
 - Often used interchangeably now.

Data in Indian Country

- ▶ Sources of data
- ▶ Sovereignty and data collection
- ▶ Data as a source of historical trauma

Minnesota Opiate Treatment

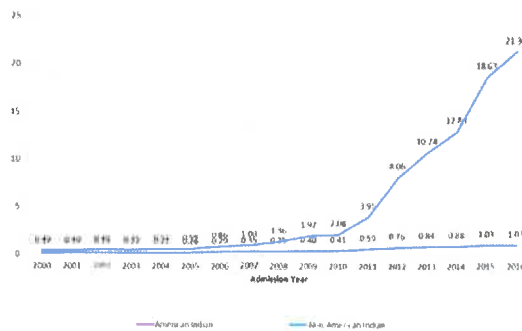
Chemical Dependency Treatment Rates, Other Opiates, for Minnesota Residents



Minnesota Department of Human Services ADAD DAANS 14 - 2017

Minnesota Opioid Treatment

Chemical Dependency Treatment Rates, Heroin, for Minnesota Residents



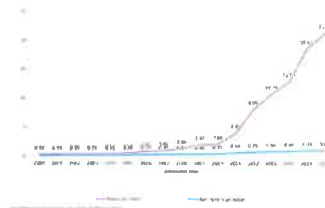
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Two Stories

Chemical Dependency Treatment Rates, Other Opioids, for Minnesota Residents

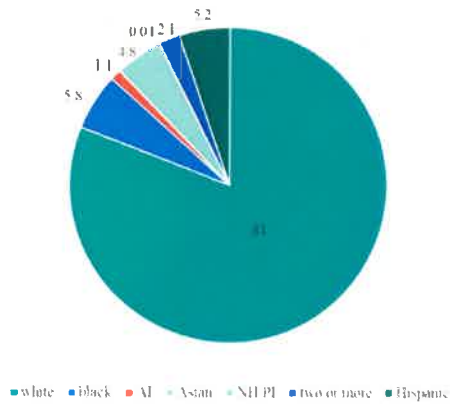


Chemical Dependency Treatment Rates, Heroin, for Minnesota Residents



Perspective

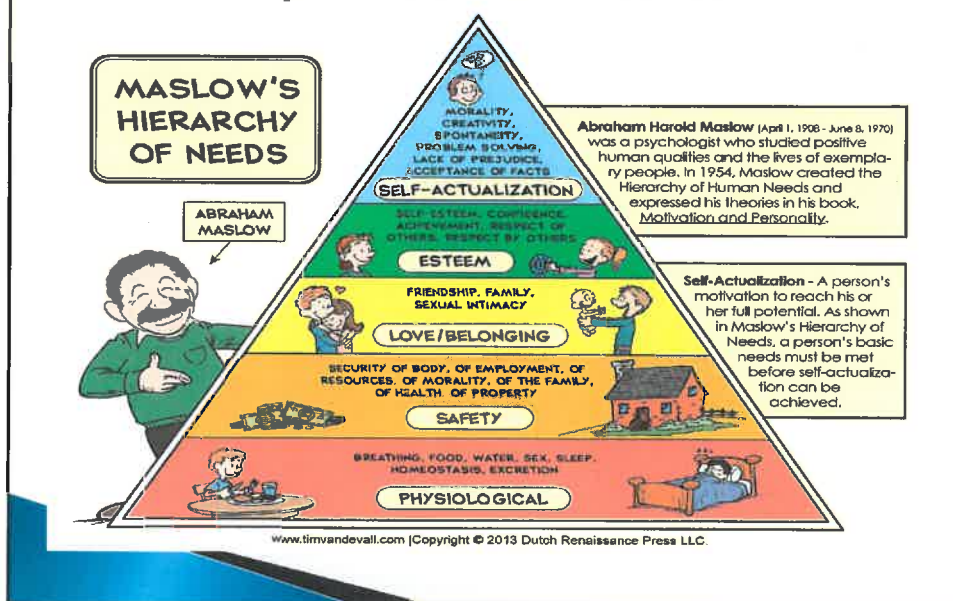
% of total population, July 1, 2015



Signs and Symptoms

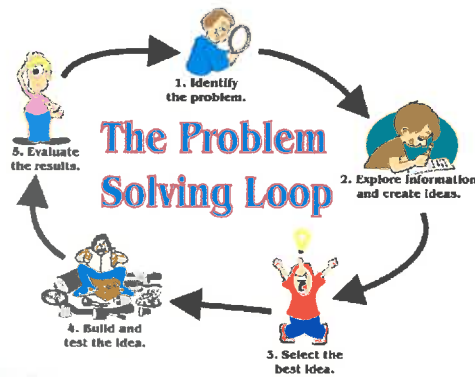
- ▶ Under influence
 - Euphoria
 - Confusion
 - Constricted pupils
 - Intermittent nodding off / loss of consciousness.
- ▶ Behavioral clues
 - Doctor shopping
 - Sudden financial problems
- ▶ Withdrawal
 - Head ache
 - Sweating
 - Anxiety
 - Inability to sleep

Psychosocial Factors



Problem Focused Intervention

- ▶ The five C's
 - Constructing a problem definition
 - Collaborative goal setting
 - Collaborative problem solving
 - Contracting for change
 - Continuing support



MOM's Program

- ▶ White Earth
- ▶ Comprehensive NAS prevention program
- ▶ Medication Assisted Treatment - Suboxone
- ▶ Day Treatment
- ▶ Parenting
- ▶ Outcomes - anecdotal but promising

Tribal Law and Order Act

- ▶ The TLOA of 2010 requires federal agencies, including SAMHSA, to **coordinate existing federal resources** to combat alcohol and substance misuse in tribal communities
- ▶ SAMHSA works with **Department of Justice (DOJ)**, **Department of the Interior (DOI)**, and **other HHS agencies** to assist Native communities with prevention, intervention, and treatment goals related to substance use

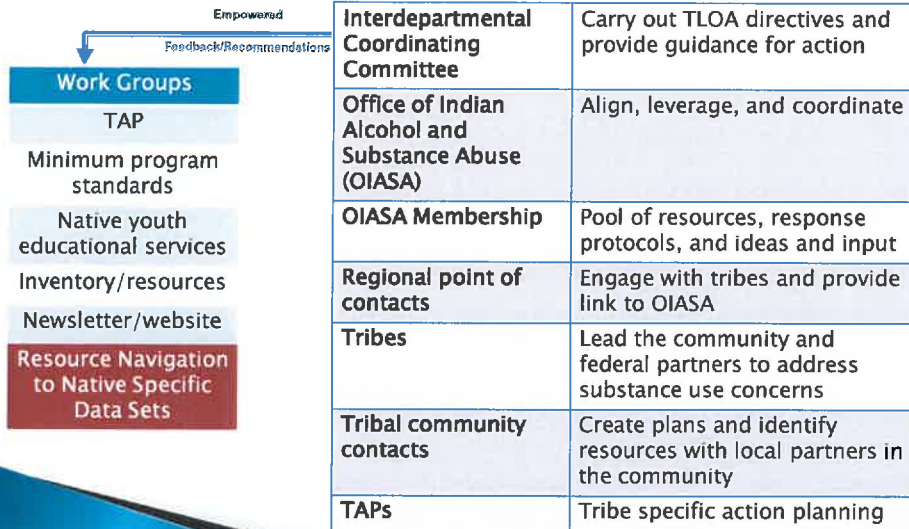
<http://www.samhsa.gov/sites/default/files/tap-development-resources.pdf>

TLOA Responsibilities

Scope of the problem	HHS, IHS, DOJ
Identification of programs	HHS, IHS, DOJ
Minimum program standards	HHS, IHS, DOJ
Assessment of resources	HHS, IHS, DOJ
TAP development	IHS, BIA, OJP
Newsletter	DOI

Law enforcement and judicial training	BIA, DOJ
Emergency medical assistance	BIA
Emergency shelters	BIA
Child abuse and neglect	BIA
Juvenile detention centers	HHS, DOI, DOJ
Model juvenile code	DOI, DOJ

Carrying Out the Intent of TLOA



Federal TLOA Website Links

SAMHSA OIASA	https://www.samhsa.gov/tloa
Department of Justice Tribal Justice and Safety	https://www.justice.gov/tribal
Bureau of Justice Programs, DOJ	https://www.bja.gov/ProgramDetails.aspx?Program_ID=88
TLOA Resource Page, IHS	https://www.ihs.gov/asap/triballaw

Tribal Action Plans

- ▶ The TAP, developed under TLOA, are focused on tribally-driven strategic planning
- ▶ Community ownership of a TAP is the primary goal
- ▶ TAPs **can be** updated every 2 years
- ▶ TAPs are utilized by tribal leadership and infrastructure and partners of the tribe as an ongoing framework to address substance use

Purpose of the TAP

- ▶ Address alcohol and substance abuse proactively
- ▶ Identify strengths within the tribe (culture, people, policies) and resources (programs, people, funding, space, transportation)
- ▶ Assess prevention and treatment needs
- ▶ Coordinate resources and identify gaps
- ▶ Develop strategic action plan

TTA Opportunities

- Virtual TTA
 - Learning communities
 - Webinars and other web-based TA
- Onsite TTA support
 - Collaborative trainings with tribal leadership and prevention teams
 - Training of Facilitators
 - TAP trainings
- National prevention and educational resources

SAMHSA and HHS Resources

- ▶ Tribal Affairs – Office of Tribal Affairs and Policy (OTAP)
- ▶ Alcohol, tobacco, and other drugs
- ▶ Mental and substance use disorders
- ▶ Prevention of substance abuse and mental illness
- ▶ Suicide prevention
- ▶ Drug Free Communities Program
- ▶ Native Connections Grant Program
- ▶ Tribal Behavioral Health Grant

SAMHSA and HHS Resources

- ▶ Garrett Lee Smith Tribal Youth Suicide Prevention
- ▶ Campus Suicide Prevention Program
- ▶ Circles of Care
- ▶ Systems of Care
- ▶ Strategic Prevention Framework Partnerships for Success
- ▶ Project Linking Actions for Unmet Needs in Children's Health (LAUNCH)
- ▶ Tribal Healing to Wellness Courts

Engaging the Center

- ▶ Go to the SAMHSA Tribal TTA Center website:
<http://www.samhsa.gov/tribal-ttac/contact-us>
 - Enter name and email address
 - Briefly outline your TTA request details (2 to 5 sentences)
- ▶ We will respond to schedule a call to further discuss your request and how we can collaborate and support your prevention efforts

Lac Du Flambeau



Questions

